



PROCLAMATION

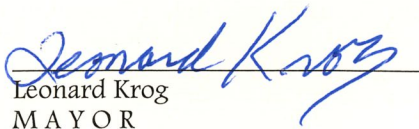
PULMONARY FIBROSIS AWARENESS MONTH September 2022

- WHEREAS: Pulmonary Fibrosis is a progressive lung disease which results in scarring of the lungs, characterized by decreased lung function and generally death; and
- WHEREAS: damaged lung tissue becomes stiff and thick, making it difficult for our lungs to work efficiently, leading to lower oxygen level in our blood stream; and
- WHEREAS: there is no cure for Pulmonary Fibrosis, treatments including medications, oxygen therapy and pulmonary rehabilitation can slow the progression of the disease in some people as well as make life more manageable; and
- WHEREAS: overwhelming fatigue and tiredness is a common symptom of Pulmonary Fibrosis described mostly by lack of energy that does not improve with rest or sufficient sleep; and
- WHEREAS: maintaining a healthy lifestyle and working closely with our care teams and support teams can help manage Pulmonary Fibrosis; and
- WHEREAS: a large percentage of Covid-19 survivors appear to have developed Pulmonary Fibrosis, Pulmonary Fibrosis patients are more susceptible to developing Covid-19; and
- WHEREAS: an estimated 30,000 Canadians suffer from all forms of Pulmonary Fibrosis, and 5,000 die each year, there are about 6,000 new cases in Canada each year; and
- WHEREAS: a registered charity, the Canadian Pulmonary Fibrosis Foundation raises funds to invest in research to better understand, develop treatments, and find a cure for pulmonary fibrosis. The foundation works to increase public awareness of the disease, support those affected by pulmonary fibrosis and to represent the patient voice to government, healthcare professionals and the public.

NOW THEREFORE, I, Leonard Krog, Mayor of the City of Nanaimo, do hereby proclaim September 2022 as:

PULMONARY FIBROSIS AWARENESS MONTH

in the City of Nanaimo, Province of British Columbia.


Leonard Krog
MAYOR

Dated this 12th day of July 2022

