

Public Admissions

SWIM, SKATE, WEIGHT ROOMS & GYM

General Admissions:

Child	2 yrs & under	Free
Child	3 to 12 yrs	\$3.75
Youth	13 to 24 yrs.....	\$5.25
Adult	25 to 59 yrs.....	\$7.00
Senior	60 to 79 yrs.....	\$5.25
Senior	80+ yrs; Nanaimo residents only	Free
Family	Max 2 adults & children from the same family ..	\$14.00
Shower	\$3.75

10 Visit Pass (10 admissions):

Child	12 yrs & under	\$30.00
Youth	13 to 24 yrs	\$42.00
Adult	25 to 59 yrs	\$56.00
Senior	60 to 79 yrs	\$42.00

1 Month Active Pass:

Child	\$30.00
Youth/Senior	\$42.00
Adult	\$56.00
Family	\$112.00

12 Month Active Pass:

Child	\$270.00
Youth/Senior	\$378.00
Adult	\$500.00
Family	\$999.00

Arena Skate Rentals/Sharpening:

Child/Youth/Senior	\$3.00
Adult	\$3.75
Family	\$7.00
Helmets	\$0.50
Skate Sharpening	\$6.00

PLEASE NOTE:

- Admission rates will be increasing on Sep 1, 2024.
- All 10 visit and 20 visit cards expire three years from date of purchase.
- All one-month Active Passes are non refundable.

Public Swim Program Highlights

PLEASE LET POOL STAFF KNOW OF ANY MEDICAL CONDITIONS.

BEBAN POOL

Everyone Welcome: With warmer water and a quieter atmosphere, Beban Pool is the perfect escape for wellness and fun! Be active and dive, play, float, jump, swim and slide. . . or simply relax in one of the hot areas.

Leisure Swim: With its accessible beach and varying depths, the Leisure Pool is perfect to support those developing their swim skills or wanting to use water therapeutically for injury recovery. Float, walk or swim around the river, play in the spray features or practice your swim skills. The hot tub, steam room and sauna are open.

25 Metre Lanes: If fitness is what you are looking for, our 25 metre pool is available for swimming laps or water running.

AQUAFIT

Join us at either pool for aquatic fitness programs. Refer to pages 8 and 9 for class times.

Therapy Aquafit: Improve your mobility with this low impact class. The focus is on movement, range of motion, balance, strength and stretching. Water therapy is highly recommended for people with arthritis, joint replacement, pre and post surgery and those with limited mobility.

Shallow Water Aquafit: This is a high intensity cardio workout without the impact of dry land aerobics. Open to all levels and abilities.

Deep Water Aquafit: Strengthen and tone your body with this zero impact class. You'll achieve excellent cardio and strength training using water as resistance. Classes are done in deep water wearing a floatation belt.

Aqua Zumba: This class is perfect for those looking to make a splash by adding low-impact, high energy aquatic exercise to their fitness routine. Aqua Zumba® blends the Zumba® philosophy with water resistance for one pool party you shouldn't miss!

Shallow/Deep Combo: This is designed for both shallow and deep water aquafit enthusiasts. Enjoy the benefits of training your cardio, strength and flexibility in this water fitness class. Participants can choose to stay in the shallow water or participate in deep water with an aquafit floatation belt. Some of the Beban Pool sessions require pre-registration. See page 80.

NANAIMO AQUATIC CENTRE

Everyone Welcome: Swim, sauna, soak in the hot tub or relax in the steam room. Limited lane swimming available.

25 & 50 Metre Swims: Our main tank is set up for length swimming. Please check schedule on page 8.

Wave Pool: Catch the waves! Check our schedule on page 8. Please note that waves may be turned off for various, unforeseen circumstances.

Diving Boards: Both 1-metre and 3-metre diving boards are available at select times. Please call us to find out the day's schedule.

POOL & WEIGHT ROOM PARTICIPANTS, PLEASE NOTE:

- Please inform staff of any medical conditions.
- All children through 6 years of age must be under the direct supervision and within arm's reach of a guardian. Guardian must be in the water and must be 16 years of age or older. Ratio for children who are 6 years of age and under is 1 adult to 3 children.
- Please help us avoid unnecessary pool closures. Anyone not toilet trained must wear protective, water-resistant swim wear. Children's swim diapers are available for purchase from the pool cashier.
- Children should use the washroom prior to swimming in order to avoid potential pool closures. All patrons must thoroughly shower prior to entering the pool.
- Proper attire for both the pool and weight room is required.

DROP-IN SCHEDULE - WEIGHT ROOMS

Nanaimo Aquatic Centre & Beban Park Weight Rooms

DEVELOP YOUR STRENGTH, AGILITY AND CARDIOVASCULAR FITNESS IN ONE OF OUR WEIGHT ROOMS.

Nanaimo Aquatic Centre Weight Room - **Spring and Summer**

	SUN	MON	TUE	WED	THU	FRI	SAT
Hours (Mar 31-Jun 30)	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm
Hours (Jul 2-21 & Aug 19-31)	6 am-8 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-8 pm

Schedule subject to change. See page 9 for specific stat holiday closures. See recreation.nanaimo.ca for up-to-date information.

Weight Room Attendants: Our qualified attendants are ready to show you new exercises, teach you how to use the equipment and answer your questions. They work on-site to care for weight room equipment and enforce safe weight room practices. Daily schedules are posted at each location.

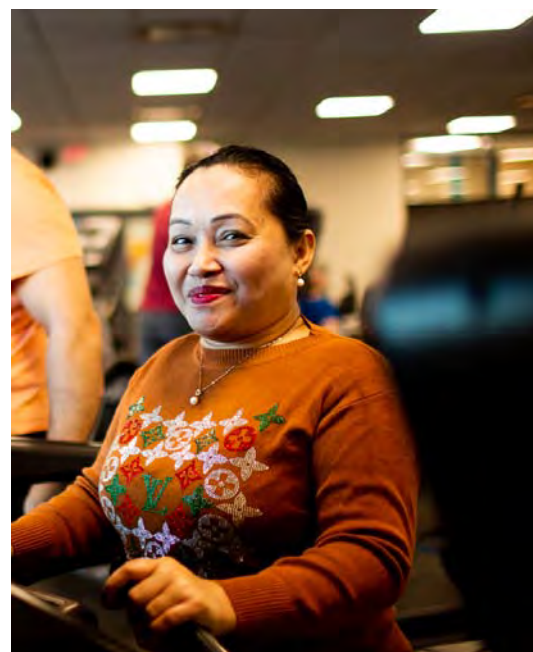
Weight Room Policy: Personal trainers, kinesiologists and physiotherapists, etc. not employed or authorized by the City of Nanaimo may not train clients within the weight rooms. For more information, contact the Weight Room Supervisor at 250-756-5200.

Weight Room Orientations: These are designed to familiarize you with our facilities and give you an orientation of the basics of strength and functional training. An orientation is recommended before using our facilities. Please contact us to set up a time or see our Fitness/Yoga section for scheduled sessions. Cost is \$5.

Weight Room Personal Training Sessions: Work one-on-one with a trainer to develop a workout program that works for you, to follow up and assess your progress or to create a new program that challenges you on your fitness journey. Whatever your health and fitness goals are, our personal trainers can help! Each session includes access to the facility on the day of the training session. Cost is \$48 for one hour. Please book your session in advance. See page 67 for more info.

Youth in the Weight Room: Our weight rooms are available for use by persons 16 years and older. Teens (13-15) wishing to use the weight room for fitness training must complete an orientation. Once completed, they will receive a "Gym Use Graduate Card". This card will permit teens to use the weight room without a parent or guardian's supervision.

Weight Room Attire: All weight room users must wear appropriate attire. This includes closed toe shoes (runners), shorts or track/sweat pants (no jeans).



Beban Park Weight Room - **Spring and Summer**

	SUN	MON	TUE	WED	THU	FRI	SAT
Hours (Mar 31-Jun 22)	8 am-4 pm	6:30 am-7 pm	6:30 am-7 pm	6:30 am-7 pm	6:30 am-7 pm	6:30 am-7 pm	8:30 am-4 pm
Hours (Jul 22-Sep 1)	6 am-8 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-8 pm	9 am-8 pm

Schedule is subject to change. The Beban Weight Room is closed on all statutory holidays.

PLEASE NOTE: Schedule is subject to change.

For up-to-date schedules, visit recreation.nanaimo.ca

 We have a variety of equipment for diverse abilities clients at Nanaimo Aquatic Centre!

- Nustep Bike - easy access for wheelchairs
- Active Passive Trainer
- Cybex Total Access - strength and cardio machines



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DROP-IN SCHEDULE - POOLS

Nanaimo Aquatic Centre **Spring** Schedule (741 THIRD ST)

Sun, Mar 31 to Sun, Jun 30 Schedule is subject to change. Please check recreation.nanaimo.ca to confirm.

PROGRAM	SUN	MON	TUE	WED	THU	FRI	SAT
Everyone Welcome	6 am-12 pm 1-9 pm	6 am-2 pm 2:45-9 pm	6 am-2 pm 2:45-9 pm	6 am-2 pm 2:45-9 pm	6 am-2 pm 2:45-9 pm	6 am-2 pm 2:45-9 pm	1-9 pm
Bulkhead Move <i>lane pool unavail.</i>		9-9:30 am	9-9:30 am	9-9:30 am	9-9:30 am	9-9:30 am	
Leisure Only							6 am-12 pm
50 Metre Lanes	6 am-12 pm		6-9 am		6-9 am		
25 Metre Lanes	1-9 pm	6 am-2 pm 2:45-9 pm	9:30 am-2 pm 2:45-9 pm	6 am-2 pm 2:45-9 pm	9:30 am-2 pm 2:45-9 pm	6 am-2 pm 2:45-9 pm	1-9 pm
Waves & Waterslides	1-8:30 pm	3:30-8 pm	3:30-8 pm	3:30-8 pm	3:30-8 pm	3:30-8 pm	1-8 pm
MAINTENANCE CLOSURE	12-1 pm	2-2:45 pm	2-2:45 pm	2-2:45 pm	2-2:45 pm	2-2:45 pm	12-1 pm
Weight Room <i>(proper attire required)</i>	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm
AQUAFIT	SUN	MON	TUE	WED	THU	FRI	SAT
Therapy Aquafit (1 hour)		8:30-9:30 am		8:30-9:30 am		8:30-9:30 am	
Shallow Water Aquafit (45 min)		10:45-11:30 am (Cindy)		10:45-11:30 am			
Deep Water Aquafit (45 min)			10:15-11 am		10:15-11 am		
Zumba						10:30-11:15 am (Amber)	

Nanaimo Aquatic Centre **Summer** Schedule (741 THIRD ST)

Tue, Jul 2 to 21 & Aug 19-Sep 1 Schedule is subject to change. Check recreation.nanaimo.ca to confirm.

PROGRAM	SUN	MON	TUE	WED	THU	FRI	SAT
Everyone Welcome	6 am-8 pm	6 am-2 pm 2:45-9 pm	6 am-2 pm 2:45-9 pm	6 am-2 pm 2:45-9 pm	6 am-2 pm 2:45-9 pm	6 am-2 pm 2:45-9 pm	6 am-8 pm
Bulkhead Move <i>lane pool unavail.</i>		9-9:30 am	9-9:30 am	9-9:30 am	9-9:30 am	9-9:30 am	
50 Metre Lanes			6-9 am		6-9 am		
25 Metre Lanes	6 am-8 pm	6 am-2 pm 2:45-9 pm	9:30 am-2 pm 2:45-9 pm	6 am-2 pm 2:45-9 pm	9:30 am-2 pm 2:45-9 pm	6 am-2 pm 2:45-9 pm	6 am-8 pm
Waves & Waterslides	12-7:30 pm	3:30-8 pm	3:30-8 pm	3:30-8 pm	3:30-8 pm	3:30-8 pm	12-7:30 pm
MAINTENANCE CLOSURE		2-2:45 pm	2-2:45 pm	2-2:45 pm	2-2:45 pm	2-2:45 pm	
Weight Room <i>(proper attire required)</i>	6 am-8 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-8 pm
AQUAFIT	SUN	MON	TUE	WED	THU	FRI	SAT
Therapy Aquafit (1 hour)		8:30-9:30 am		8:30-9:30 am		8:30-9:30 am	
Shallow Water Aquafit (45 min)		10:45-11:30 am (Cindy)		10:45-11:30 am			
Deep Water Aquafit (45 min)			10:15-11 am		10:15-11 am		
Zumba						10:30-11:15 am (Amber)	

ANNUAL SHUTDOWN DATES FOR NANAIMO AQUATIC CENTRE: Mon, Jul 22 to Sun, Aug 18

DROP-IN SCHEDULE - POOLS

Beban Pool **Spring** Schedule (2300 BOWEN RD)

Sun, Mar 31 to Sat, Jun 22 Schedule is subject to change. Please check recreation.nanaimo.ca to confirm.

PROGRAM	SUN	MON	TUE	WED	THU	FRI	SAT
Everyone Welcome						6:30-9 am 12:30-2:45 pm	1-4 pm
25 Metre Lanes	9:15-11 am	6:30-10:45 am 12-2:45 pm	6:30-8:45 am 10 am-2:45 pm* 1:45-2:45 pm	6:30-10:45 am 12-2:45 pm	6:30-8:45 am 10 am-2:45 pm* 1:45-2:45 pm	12:30-2:45 pm	Times with * not available when Swim to Survive is in session (May 14-Jun 21)
Leisure Swim	8-11 am	6:30 am-2:45 pm	6:30-9:45 am 10 am-2:45 pm* 1:45-2:45 pm	6:30 am-2:45 pm	6:30-9:45 am 10 am-2:45 pm* 1:45-2:45 pm		1-4 pm
Waterslides	Available upon request						
Hot Tub, Sauna, Steam Room	8-11 am	6:30 am-2:45 pm	6:30-9:45 am 9:45 am-1:45 pm* 1:45-2:45 pm	6:30 am-2:45 pm	6:30-9:45 am 9:45 am-1:45 pm* 1:45-2:45 pm	6:30-9 am 12:30-2:45 pm	
Weight Room (<i>proper attire required</i>)	8 am-4 pm	6:30 am-7 pm	6:30 am-7 pm	6:30 am-7 pm	6:30 am-7 pm	6:30 am-7 pm	8:30 am-4 pm
AQUAFIT	SUN	MON	TUE	WED	THU	FRI	SAT
Therapy Aquafit (45 min)		11-11:45 am		11-11:45 am			
Shallow/Deep Water Combo (45 min)	8:15-9 am (pre-registration only; see page 80)		9-9:45 am		9-9:45 am 7:15-8 pm* (*pre-registration only; see page 80)		

Beban Pool **Summer** Schedule (2300 BOWEN RD)

Mon, Jul 22 to Sun, Sep 1 Schedule is subject to change. Please check recreation.nanaimo.ca to confirm.

PROGRAM	SUN	MON	TUE	WED	THU	FRI	SAT
Everyone Welcome	9 am-4 pm	11 am-5 pm 7-9 pm	11 am-5 pm	11 am-5 pm	11 am-5 pm	11 am-5 pm	12-8 pm
25 Metre Lanes	6-9 am 4-8 pm	6-8:30 am 5-7 pm	6-8:30 am 5-7 pm	6-8:30 am 5-7 pm	6-8:30 am 5-7 pm	6-8:30 am 5-7 pm	
Leisure Swim	6 am-8 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-8 pm	12-8 pm
Waterslides	Available upon request						
Hot Tub, Sauna, Steam Room	6 am-8 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-8 pm	12-8 pm
Weight Room (<i>proper attire required</i>)	6 am-8 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-9 pm	6 am-8 pm	9 am-8 pm
AQUAFIT	SUN	MON	TUE	WED	THU	FRI	SAT
Therapy Aquafit (1 hr)		7:15-8:15 am		7:15-8:15 am		7:15-8:15 am	
Deep Water Aquafit (45 min)			7:15-8 pm		7:15-8 pm		

See page 6 for admission rates and program highlights.

STAT HOLIDAYS

- Beban Pool closed on all stat holidays; NAC and Beban Pool closed on Jul 1 (Canada Day), Aug 5 (BC Days), Sep 2 (Labour Day)
- Nanaimo Aquatic Centre open from 12-4 pm on Mar 29 (Good Friday), Apr 1 (Easter Monday), May 20 (Victoria Day)

LIFEGUARDS AT WESTWOOD LAKE

June 28-September 2

11:30 am-5:30 pm

(including stats; weather permitting)

ANNUAL SHUTDOWN DATES FOR BEBAN PARK POOL: Sun, Jun 23 to Sun, Jul 21



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TEAM AQUATIC SUPPLIES LTD

Lobby of Nanaimo Aquatic Centre

YOUR ONE STOP SWIM SHOP

Competitive Swimming - Aquafitness - Family - Fun



Swimwear - Equipment - Fins - Goggles - Gear

741 Third Street, Nanaimo, B.C. • 250-740-0372
On-line store: www.team-aquatic.com

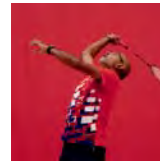
ONLINE PUBLIC DROP-IN SCHEDULES

Visit our website at

recreation.nanaimo.ca

and look at our

**Public Schedules for the most up-to-date
times for swimming, skating, pottery,
weight rooms and gymnasiums!**



250.756.5200

www.nanaimo.ca

parksandrecreation@nanaimo.ca

LIFEGUARDS AT WESTWOOD LAKE

Westwood Park First Beach from Friday, June 28 to Monday, September 2, 11:30 am to 5:30 pm
(including Canada Day, BC Day & Labour Day; weather permitting)



Back by popular demand!


**SWIMMING LESSONS AT
WESTWOOD LAKE**

(See pool section for schedule.)

PRE-REGISTERED DROP-IN SCHEDULE - OWCC

Oliver Woods Community Centre Schedule

Tue, Apr 2 to Fri, Aug 30 (closed on all stat holidays)

Programs	SUN	MON	TUE	WED	THU	FRI	SAT
Badminton (16 +)			8:45-10:45 am		8:45-10:45 am	11:30 am-1:30 pm	
Basketball for Youth (10-16 yrs) until June 28, 2024						3:30-4:30 pm	
Volleyball for Youth (10-16 yrs)						3:30-4:30 pm	
Basketball (16 +)	6:45-8:45 pm	8:30 - 10:30 pm				8:30-10:30 pm	
Everyone Welcome Sports Drop-In 13 years & younger need adult supervision. No racquet sports available.	11 am- 12:30 pm						
Pickleball (16 +) Tennis-like game played on a badminton court using a perforated, slow moving ball and paddle.		8:45-10:45 am	11 am -1 pm	7:15-9:15 am	11 am -1 pm		
Volleyball (16 +)	7-9 pm	8:15-10:15 pm				8:15 -10:15 pm	
Spare Blox Youth Drop-in (10-17 yrs) Pre-register using barcode 117011			6:30-8 pm				



GENERAL INFORMATION

- Pre-registration available 72 hours prior to program start. Drop-ins available on site if space permits. Please check with registration desk upon arrival.
- No food/drink allowed in gyms.
- Only non-marking gym shoes allowed.
- Participants must be present at time of admission purchase.
- Space is limited; we operate on a first-come, first-served basis.
- Gym Attendant on duty.

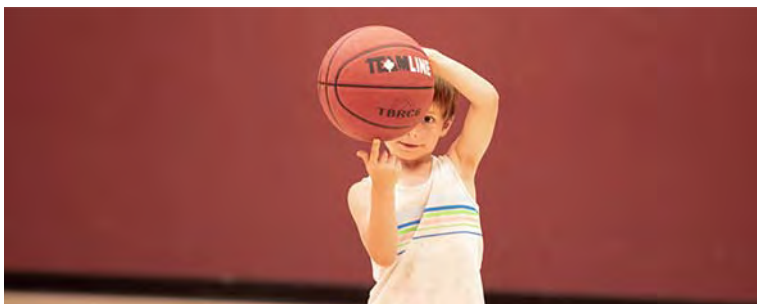
FACILITY CLOSURES/SCHEDULE CHANGES

- Facility closed on all statutory holidays.
- Check our online schedule for changes during pro-d days, school breaks, events and other holidays.
- Please visit recreation.nanaimo.ca for the most up-to-date schedule information.

DROP-IN SPORT PROGRAMS

Parks, Recreation & Culture is committed to offering recreational drop-in programs for the community. Our drop-in programs are designed to create an inclusive environment where participants can learn a new skill, be social, be active, share their sport with others and play together regardless of skill level (beginner to advanced welcome). Recreational drop-in programs are NOT about winning, competitive or aggressive play.

For more information on competitive or league play, please ask our front desk staff.



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DROP-IN SCHEDULE - ARENAS

Arenas Spring Schedule

Tue, Apr 2 to Fri, Jun 29 Schedule is subject to change. Please check recreation.nanaimo.ca to confirm.

Programs	SUN	MON	TUE	WED	THU	FRI	SAT
Everyone Welcome	3-4:30 pm McN			6:30-8 pm FCA Moves to NIC starting May 29		4:15-5:45 pm FCA Moves to NIC starting May 31	DID YOU KNOW? • Participants of all abilities are welcome to public skating sessions. • Strollers and wheelchairs are welcome on the ice.
Parent & Tot		10-11:30 am McN		12:30-1:30 pm McN			
Parent & Tot Dry Floor Play			10-11:30 am NIC		10-11:30 am NIC		
Adult Leisure Skate (19+)			10-11:30 am NIC		1:30-3:15 pm McN		
Adult Scrub Ice Hockey (18+)		11:45 am-1:15 pm FCA Moves to NIC starting May 27		11:45 am-1:15 pm FCA Moves to NIC starting May 29		11:45 am-1:15 pm FCA Moves to NIC starting May 31	
Senior Scrub (60+) & Scrub Hockey (70+)		8-9:15 am McN	10-11:15 am McN 70+ Seniors	8-9:15 am McN	10-11:15 am McN 70+ Seniors	8-9:15 am McN	
Stick 'n' Puck Children under 8 are to be accompanied onto the ice by an adult.	1:45-2:45 pm McN			1:45-3:15 pm McN		3:15-4:15 pm McN	

• FCA - Frank Crane Arena (2300 Bowen Rd) • McN - Cliff McNabb Arena (2300 Bowen Rd) • NIC 1&2 - Nanaimo Ice Centre (750 Third St.)



Arena Program Highlights - see Arenas Section for courses and lessons

Everyone Welcome - Designed for skaters of all ages and abilities. These sessions provide an excellent opportunity for all members of the community to get active! Helmets are strongly recommended. Look for our "Game Zone" at these sessions held at the far end of the ice surface using sponge pucks.

Parent & Tot (6 years & under) - An excellent opportunity to introduce children to the ice or to work on skills learned in our RecSkate lessons. Come on the ice in shoes or skates and enjoy toys and hockey equipment, as well as a fun story time. Helmets are mandatory for tots. Parents must accompany children on the ice. Free admission for child (up to three kids per adult.)

Adult Leisure Skate (19+) - A great addition to your fitness routine. Enjoy skating laps or practicing your skills in the designated areas. Helmets are strongly recommended. Guests with diverse abilities and their aides are welcome. Please see our Arena Section for Adult/Senior RecSkate lesson options.

Adult/Senior/70+ Scrub (Adult 18+, Senior 60+) - These are fun, recreational drop-in sessions. Non-contact. Full hockey gear is required.

Stick 'n' Puck - If you're new to the game or want to brush-up on skills, Stick 'n' Puck is for you! Get on the ice in a non-game, recreational setting. Space is limited, and session rules do apply. Bring your own pucks. Children under 8 must have adult on the ice. Helmets with cages required for those 16 years and under.



Look for our "Game Zone" at all Everyone Welcome sessions!

(except Glow in the Dark, Starlight sessions or at busy sponsored free skates)

SPRING FACILITY CLOSURES/SCHEDULE CHANGES

- St. Patrick's Skate: Sun, Mar 17, 3-4:30 pm at McN
- Public sessions do not run on statutory holidays (Apr 1 & May 20)
- Good Friday Stick 'n' Puck: Fri, Mar 29, 10:30-11:30 am at FCA
- Good Friday Everyone Welcome: Fri, Mar 29, 1:30-3 pm at FCA
- Adult Leisure cancelled on Apr 30, May 7, 14 & 21
- 70+ Hockey cancelled on May 2, 9, 16 & 23
- Everyone Welcome cancelled on May 10, 22 & 24
- Adult Scrub cancelled on May 20, May 22, May 24
- Parent & Tot cancelled on May 20

DROP-IN SCHEDULE - ARENAS

Arenas **Summer** Schedule

Tue, Jul 2 to Sat, Aug 31 Schedule is subject to change. Please check recreation.nanaimo.ca to confirm.

Programs	SUN	MON	TUE	WED	THU	FRI	SAT
Everyone Welcome	3-4:30 pm NIC		6-7:30 pm NIC	6:30-8 pm NIC			1-2:30 pm NIC
Adult Leisure Skate (19+)					1:30-3:15 pm McN		
Adult Scrub Ice Hockey (18+)		11:45 am- 1:15 pm NIC		11:45 am- 1:15 pm NIC		11:45 am- 1:15 pm NIC	
Senior Scrub (60+) & Scrub Hockey (70+)		8-9:15 am NIC	12-1:15 pm NIC 70+ Seniors	8-9:15 am NIC		8-9:15 am NIC	10-11:15 pm NIC 70+ Seniors
Stick 'n' Puck Children under 8 are to be accompa- nied onto the ice by an adult.	1:45-2:45 pm NIC			1:45-3:15 pm NIC		3:15-4:15 pm McN	11:30 am- 12:45 pm NIC

Arena Program Highlights - see Arenas Section for courses and lessons



SUMMER FACILITY CLOSURES/SCHEDULE CHANGES

- Public sessions do not run on statutory holidays (Jul 1 & Aug 5)
- Adult Leisure cancelled on Aug 8 & 15
- Sr. Scrub cancelled on Aug 7, 9, 29, Aug 21 & 23
- Stick 'n' Puck cancelled on Aug 7 & 14



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PRE-REGISTERED DROP-IN SCHEDULE - POTTERY

Bowen Park Pottery Studio Schedule

Sun, Mar 31 to Sat, Aug 31 (closed June 28 to July 7 and on all stat holidays)

The Bowen Park Pottery Studio has the tools, equipment and supplies available for the public to work independently. Children, when accompanied by an adult, are welcome (both must register). Teens who have taken a pottery class are welcome to work independently on projects. No instruction, but some guidance, is provided during the drop-in times. Clay may be purchased for \$35 (including tax) per 22 pound bag and includes all firing and glazing fees. It must be purchased during office hours Monday to Friday, 9 am to 4:30 pm in person or over the phone. Drop in cost is \$12 per session. Harbour City Seniors Members can access the starred *drop in sessions for \$4 per session. Dress for mess; aprons are not provided.

DROP-IN INFO

\$12 per session

- Pre-register up to 72 hours in advance at recreation.nanaimo.ca
- Pottery room tickets are no longer available
- Clay must be purchased from Bowen
- Studio closed from June 28 to July 7 and on all stat holidays



SUN	MON	TUE	WED	THU	FRI	SAT
	12-3 pm*	2:30-5:30 pm*	1-4 pm* 5-8 pm	12-3 pm* 4-7 pm		9:30 am-12:30 pm

MEET YOUR Pottery Instructors:

Read their bio on www.nanaimo.ca



Bari Precious



Nesta Morgan



Selena Unger