



## PROCLAMATION

### **PULMONARY HYPERTENSION MONTH NOVEMBER 2018**

WHEREAS: Pulmonary Hypertension, or PH, is a disease affecting the arteries of the lungs. It can strike anyone regardless of age, sex, social or ethnic background; and

WHEREAS: Pulmonary Hypertension refers to high blood pressure in the lungs, which causes the arteries of the lungs to become narrowed and scarred. This can result in almost complete closing of the arteries. People affected by this disease suffer from continuous high blood pressure in the lungs, resulting in enlargement of the right heart, and can lead to heart failure and death; and

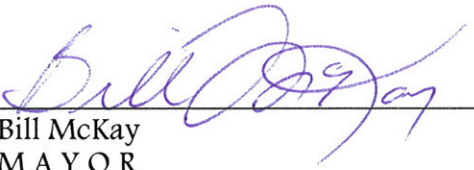
WHEREAS: some symptoms of pulmonary hypertension are: shortness of breath, bluish or purplish lips, swelling of the hands and feet, lightheadedness/dizziness, especially when climbing stairs or standing up, chest pain, a feeling of being tired all of the time, and sometimes even fainting; and

WHEREAS: the somewhat "generic" symptoms often get mistaken for other, less serious illnesses or conditions resulting in patients experiencing significant delays in diagnosis and in receiving lifesaving treatments.

NOW THEREFORE, I Bill McKay, Mayor of the City of Nanaimo, do hereby proclaim the month of November 2018, to be known as:

**"PULMONARY HYPERTENSION MONTH"**

in the City of Nanaimo.

  
Bill McKay  
MAYOR

DATED THIS 31<sup>st</sup> DAY OF AUGUST 2018

