



## Basic Needs



### Food

#### SELBY STREET MISSION

Phone 250-753-3446  
 Address [382 Selby Street](#)  
 Services Sandwiches and BBQ lunch provided Mondays and Thursdays from 12 pm to 3 pm.  
 Bus Route #5, #6, #25, #40

#### ST. PAUL'S ANGLICAN CHURCH & NANAIMO FOOD SHARE SOCIETY

Phone 250-753-2523  
 Hours 3rd Tuesday of the month 9 am  
 Address [100 Chapel Street](#)  
 Services To-go meals provided by Nanaimo Foodshare are provided on the 3rd Tuesday of every month along with grocery cards, clothing, and bus passes. Program starts at 9 am and continues until grocery cards run out.  
 Bus Route #1, #20, #30, #50

#### ST. VINCENT DE PAUL

Phone 250-753-8500  
 Address [1150 Terminal Avenue](#)  
 Services Provides emergency food assistance for those in need who qualify, and who are unable to get help from other sources. (The above # is an answering machine - an attempt will be made to return the call within a few days).  
 Bus Route #1

#### WISTERIA COMMUNITY ASSOCIATION

Phone 250-591-6443  
 Hours 7 Days a week 5:30pm - 8:30pm  
 Address Mobile Service  
 Services Stone Soup provides a brown bag lunch to go that is served by community volunteers to those in need during the hours of 5:30pm to 8:30pm, 7 days per week. All meals are offered at no charge.  
 Website [www.wisteriacommunityassociation.com](http://www.wisteriacommunityassociation.com)



### Drinking Water



Check out the link above for an interactive map of water stations around the city.