

Arenas Schedule

Tue, Apr 2 to Fri, Jun 20 Please check recreation.nanaimo.ca to confirm.



Programs	SUN	MON	TUE	WED	THU	FRI	SAT
Everyone Welcome	3-4:30 pm McN			6:30-8 pm FCA Moves to NIC starting May 29		4:15-5:45 pm FCA Moves to NIC starting May 31	DID YOU KNOW? • Participants of all abilities are welcome to public skating sessions. • Strollers and wheelchairs are welcome on the ice.
Parent & Tot		10-11:30 am McN		12:30-1:30 pm McN			
Parent & Tot Dry Floor Play			10-11:30 am NIC		10-11:30 am NIC		
Adult Leisure Skate (19+)			10-11:30 am NIC		1:30-3:15 pm McN		
Adult Scrub Ice Hockey (18+)		11:45 am-1:15 pm FCA Moves to NIC starting May 27		11:45 am-1:15 pm FCA Moves to NIC starting May 29		11:45 am-1:15 pm FCA Moves to NIC starting May 31	
Senior Scrub (60+) & Scrub Hockey (70+)		8-9:15 am McN	10-11:15 am McN 70+ Seniors	8-9:15 am McN	10-11:15 am McN 70+ Seniors	8-9:15 am McN	
Stick 'n' Puck Children under 8 are to be accompanied onto the ice by an adult.	1:45-2:45 pm McN			1:45-3:15 pm McN		3:15-4:15 pm McN	

• FCA - Frank Crane Arena (2300 Bowen Rd) • McN - Cliff McNabb Arena (2300 Bowen Rd) • NIC 1&2 - Nanaimo Ice Centre (750 Third St.)

Lace Up Your Skates!

Nanaimo's arenas are the place to be to learn how to skate, play hockey, figure skate or just have fun at one of our public sessions.



Learn to Skate

Nanaimo's very own RecSkate is a progressive skating training program for all ages and abilities necessary for life-long participation and the improvement of physical literacy as it relates to all sports. It provides the foundation

for success in recreational hockey and figure skating. The program emphasis is on encouragement through comprehensive feedback. Participants receive a ribbon of achievement for each level passed, and upon completion of Level 7, skaters will receive a medal.

Hockey Programs

Learn to play Canada's National Sport or join us for various registered or drop-in sessions. We have programs for children as young as 4 to adult.

Custom Private Lessons

Let us customize skating lessons to fit your schedule and skill level. Cost is \$32 for a 30-minute lessons. Call the Program Assistant at 250-755-7537 for details.

Clients with Diverse Abilities

Participants with diverse abilities are welcome to register for our programs and come to drop-in sessions. Please contact our Arenas Coordinator at 250-755-7536 for information.

Arena Rentals

Looking to for some extra practice time or some private time with friends and family? Book today by calling our Allocation Clerk at 250-756-5214.

School Bookings

Hey, teachers! How about bringing your class to the arena for skating lessons at either Frank Crane or Nanaimo Ice Centre? Sessions are 45 minutes consisting of a 30-minute less and 15 minutes of free time. For more information or to book, please call the Program Assistant at 250-755-7537.

Spring 2024 Arenas SCHEDULE & GENERAL INFO



Scan to view the online skating schedule



April 25, 2024

Activity Guide

To see all of the arena programs available this season, please check out our online Activity Guide found at recreation.nanaimo.ca



recreation.nanaimo.ca
250-756-5200



Spring Skating Events

Glow in the Dark Skates

Skate in our dimly lit arena with special effects, and glow sticks are available for purchase. Held on Sundays, 3-4:30 pm. *Regular admission rates apply.*

- May 19 (Cliff McNabb Arena)
- Jun 16 (Cliff McNabb Arena)
- Jul 21 (Nanaimo Ice Centre)
- Aug 18 (Nanaimo Ice Centre)

Starlight Skates

This is a great way to escape the hustle and bustle while enjoying lap skating with our soft light stars and passive LED lighting. Perfect time for couples and families to get some exercise with friends. Glow sticks are available for purchase. Held on the the following Wednesdays, 6:30-8 pm. *Regular admission rates apply.*

- May 1 (Frank Crane Arena)
- Jun 5 (Nanaimo Ice Centre)
- Jul 3 (Nanaimo Ice Centre)
- Aug 7 (Nanaimo Ice Centre)

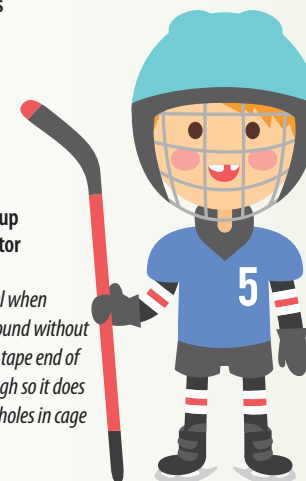


Look for our
"Game Zone" for all
Everyone Welcome
sessions!

(except Glow in the Dark &
Starlight sessions or on busy
sponsored free skates)

FULL GEAR Equipment Requirement Checklist

- Helmet (CSA approved) with chin strap
 - Full-shield/cage face mask (CSA approved)
 - Shoulder pads
 - Elbow pads
 - Shin guards
 - Hockey pants
 - Gloves
 - Hockey socks
 - Hockey jersey
 - Skates
 - Supporter & cup /pelvic protector
 - Junior stick
- Cut to nose level when standing on ground without skates on; then tape end of stick thick enough so it does not fit through holes in cage on face mask*
- Neck guard



Public Admissions SKATE, SWIM, WEIGHT ROOMS & GYM

General Admissions:

CHILD - 2 yrs & under	Free
CHILD - 3 to 12 yrs	\$3.75
YOUTH- 13 to 24 yrs	\$5.25
ADULT - 25 to 59 yrs	\$7.00
SENIOR - 60 to 79 yrs	\$5.25
SENIOR - 80+ yrs - Nanaimo residents only	Free
FAMILY - Max 2 adults & children from same family	\$14.00

10 Visit Pass (10 admissions):

CHILD - 12 yrs & under	\$30.00
YOUTH - 13 to 24 yrs	\$42.00
ADULT - 25 to 59 yrs	\$56.00
SENIOR - 60+ yrs	\$42.00

1 Month Active Pass:

CHILD	\$30.00
YOUTH / SENIOR	\$42.00
ADULT	\$56.00
FAMILY	\$112.00

12 Month Active Pass:

CHILD	\$270.00
YOUTH / SENIOR	\$378.00
ADULT	\$500.00
FAMILY	\$999.00

Arena Skate Rentals:

CHILD / YOUTH / SENIOR	\$3.00
ADULT	\$3.75
FAMILY SKATE RENTAL	\$7.00
HELMETS	\$0.50
SKATE SHARPENING	\$6.00

Prices include tax and are subject to change.

All 10 visit and 20 visit cards expire three years from date of purchase.

All one month Active Passes are non refundable.

Arena Locations

CLIFF MCNABB ARENA (2300 Bowen Rd)

Has a NHL size ice sheet; 50 bleacher seats and a conference room.

FRANK CRANE ARENA (2300 Bowen Rd)

Has a NHL size ice sheet; 1200 seating on floor and 2445 seating in stands, a VIP Lounge.

NANAIMO ICE CENTRE (750 Third St)

Has 2 NHL size ice sheets and a lounge. NIC 1: seating for up to 400; NIC 2: seating for up to 186.