



# **Mental Health**

### ABORIGINAL CHILD & YOUTH MENTAL HEALTH

Phone 250-741-5701

Monday-Friday 8:30 am- 4:30 pm Hours

Address #301- 190 Wallace Street

Provides service to children/youth (up to 19) and families Services

who are seeking assistance regarding a mental health

concern.

**Bus Route** #1, #20, #25, #30, #40, #50

## CANADIAN MENTAL HEALTH ASSOCIATION (CMHA)

Phone 250-244-4042

Monday- Friday 10 am- 6:15 pm Hours

Address 437 Wesley Street

Dedicated to the promotion and improvement of mental Services

> health and quality of life in the community, through effective services, advocacy, awareness and education,

resource generation, and partnerships.

Website www.cmhamidisland.ca

**Bus Route** #5, #6

Social

#### Phone 250-760-6031

MENTAL HEALTH RECOVERY PARTNERS - CENTRAL ISLAND

Hours Tuesday - Thursday 12:30 pm - 4 pm (by appointment only)

Address 2353 Rosstown Road

Services Provides support for the caregivers of those suffering

> from mental illness. They offer family-to-family education programs to equip loved ones, as well as a bi-weekly

support group.

Website mhrpci.com

**Bus Route** #30

Social A

## VANCOUVER ISLAND MENTAL HEALTH SOCIETY

Phone 250-758-8711

Email info@vimhs.org

Address 2356 Rosstown Road

Provides rehabilitative residences and community oriented Services

support services for adults with a psychiatric disability

including those with addictions.

www.vancouverislandmentalhealthsociety.org Website

**Bus Route** #30

Social



